



**E4099**  
**PPE: Wear it For You**

*Leader's Guide*

This easy-to-use Leader's Guide is provided to assist in conducting a successful presentation. Featured are:

**PROGRAM OVERVIEW:** Summarizes the program content. If the program outline is discussed before the video is presented, the entire program will be more meaningful and successful.

**PREPARING FOR AND CONDUCTING THE PRESENTATION:** These sections will help you set up the training environment, help you relate the program to site-specific incidents, and provide program objectives for focusing your presentation.

**REVIEW QUESTIONS AND ANSWERS:** Questions may be copied and given to participants to document how well they understood the information that was presented. Answers to the review questions are provided separately.

## ***PROGRAM OVERVIEW***

“PPE – Wear it for You” is David Dyck’s powerful, true story of surviving a violent explosion during a routine maintenance procedure.

David was working for an oil field services company in Canada. One of his tasks involved rinsing out the inside of large tanker. The truck he was going to wash out had last carried a load of fresh water, with some sand that needed to be cleaned out.

David climbed on top of the tanker and knelt over an open 20 inch hatch on top of the truck, while holding a hose and a trouble light. He put the hose inside the hatch and began rinsing out the tank. Suddenly there was a large explosion. The explosion blew a hole in the roof 8 feet above. David was blown through the hole, then fell back through the hole and landed on top of the tank, barely missing two steel ridges that ran along the top of the truck.

When first responders arrived, they thought David was dead. Then his hand moved. He was rushed by helicopter to the nearest hospital with a trauma center. After 5 weeks in the hospital and three months of therapy, David was able to start walking again and shortly thereafter began working again.

As David explains, the thing that saved him was the PPE he was wearing: fire retardant clothing and safety glasses. In fact, the safety procedures for this task didn’t require fire retardant clothing. But David was in the habit of wearing PPE, always aware that something could go wrong.

This video also features David’s wife – Jamie, as she recounts the terrifying moments of uncertainty that she faced when she heard about David’s injury, but didn’t know if he would survive for several hours as she made her way to the hospital. As David points out, his accident traumatized Jamie as much as him.

In the end, David challenges all of us to wear our PPE for ourselves, our families and our futures.

## **PREPARE FOR THE SAFETY MEETING**

Review each section of this Leader's Guide as well as the video. Here are a few suggestions for using the program:

Make everyone aware of the importance the company places on health and safety and how each person must be an active member of the safety team.

Introduce the video program. Play the video without interruption. Review the program content by presenting the information in the program outline.

Copy the review questions included in this Leader's Guide and ask each participant to complete them.

Copy the attendance record as needed and have each participant sign the form. Maintain the attendance record and each participant's test paper as written documentation of the training performed.

### **Here are some suggestions for preparing your equipment and the room or area you use:**

Check the room or area for quietness, adequate ventilation and temperature, lighting and unobstructed access.

Check the seating arrangement and the audiovisual equipment to ensure that all participants will be able to see and hear the videotape program.

## **CONDUCTING THE PRESENTATION**

Begin the meeting by welcoming the participants. Introduce yourself and give each person the opportunity to become acquainted if there are new people joining the training session.

Explain that the primary purpose of the program is to provide viewers with an opportunity to hear the true story of David Dyck, a person whose life was saved by the PPE he was wearing. This powerful story reinforces the idea that getting in the habit of wearing PPE can prevent serious injuries from unexpected mishaps. The program also emphasizes the fact that an injury can greatly affect others in addition to the injured person.

## **DISCUSSION FOLLOWING THE VIDEO**

Lead discussions about the PPE used at your facility and when it is required.

Perhaps viewers are aware of stories in which they or a person they know was spared serious injury because of the PPE they were wearing.

Discuss ways in which co-workers and family members can be affected by an injury/

Are there ways in which PPE use can be made more effective in your workplace?

Use the review questions to check how well the program participants understood the information.

# 4099 PPE – *Wear it for You*

## REVIEW QUIZ

Name \_\_\_\_\_ Date \_\_\_\_\_

*The following questions are provided to check how well you understand the information presented during this program.*

1. An employee who decides to wear PPE, even if it isn't required in an area should be ridiculed.
  - a. True
  - b. False
  
2. Wearing PPE may not prevent an accident from happening, but it can minimize the seriousness of the injury.
  - a. True
  - b. False
  
3. The fact that David Dyck was wearing safety glasses and fire resistant clothing probably prevented more serious injuries, or a possible fatality.
  - a. True
  - b. False
  
4. Making it a habit to wear PPE can help prevent workplace injuries?
  - a. True
  - b. False
  
5. A workplace injury can also greatly affect co-workers and family members.
  - a. True
  - b. False
  
6. If someone is making fun of you for wearing PPE at work, it's a good idea to remove the PPE to avoid the criticism.
  - a. True
  - b. False
  
7. It's just as important to use PPE to protect yourself away from work as it is when you are on the job.
  - a. True
  - b. False

***ANSWERS TO THE REVIEW QUESTIONS***

1. b False

2. a True

3. a True

4. a True

5. a True

6. b False

7. a True